

THE OAKS

The Oaks is having a Fete on 13th September at 1.30 until 4pm. There will be lots of home made jams, pickles, chutneys and arts and crafts for sale. Many of the goods on sale have been made by us at the home, made by our families or given to us.

We talked about what we would like to do with the money from the fete and we wanted to help other people. We would like any money we make to go to the Malvern Special Families to support children with special needs.

This is Mark with a Piggy Bank made in the Home's Arts Centre.

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Luv
ELLEN
x x



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Hi Folks,

My Name is Ellen

and I live at The Oaks in Malvern. The Home is owned by Exalon Care Homes Limited and they have one other home which is called The Willows, in Warminster.

I was the first person to move into the Oaks when it opened in November and I like living in Malvern because I get to do lots of things and the Staff are really nice.



I go swimming and now the Splash has opened I can go more often. I also go to cooking classes at Malvern College once a week and I like to help cook the dinners at the Oaks. I like to wash up and to lay the tables. I have been eating a low fat diet and I have lost one and a half stone since February. I like to eat salads and fruit and low fat puddings.

Residential Care Homes for Younger Adults with Learning Disabilities.
Specialising in Challenging Behaviour



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Many people have asked me where I live and what I do all day and the Staff and Residents thought it would be a good idea to print a newsletter to introduce ourselves because you will see us out and about having a good time.



I recently completed a First Aid Course with Donna (One of the Staff), and this is me with my certificate.



We go to various fetes and car boot sales. At Powick Fete John made friends with the Belly Dancers. Jane and I won various prizes on the tombola at the Cricket Club Fun Day.



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Nick Goes to a computer class at the library every Tuesday and he is very good at it..



Many of the people living here like gardening and growing vegetables. The council gave us an allotment, it was hard work at first, but now we spend a few hours there every week and we are starting to eat our first vegetables.



We take our sandwiches and deck chairs down so that we can have a rest occasionally.

This is Hugh holding the first marrow we grew



We also all help to do the gardens at The Oaks.

